



CAPTAIN'S GUIDE

2013/2014



HONDA

BC HONDA VANCOUVER SQUASH LEAGUE

CAPTAIN'S GUIDEBOOK FOR 2013/2014

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1 A little about the VSL

The BC Honda Vancouver Squash League (BCH VSL) is a non-profit amateur sports league sanctioned by Squash BC and run by volunteers.

OUR MISSION STATEMENT

The players participating in the BCH VSL are amateurs that are playing because of a love for the game of squash. Participants, spectators, and members the BCH VSL are expected to always treat opponents, officials and spectators with the utmost courtesy, hospitality, and good sportsmanship.

OUR PHILOSOPHY

The BCH VSL expects all matches and games to be played with a spirit of sportsmanship that places the responsibility for fair play on the player NOT the referee. Highly competitive play is encouraged but never at the expense of mutual respect among competitors. If you play in our league you love the game of squash and you know the rules. The VSL aims to ensure that all players can have a competitive evening of squash followed by an enjoyable session of socializing.

HOW TO CONTACT AND CONNECT WITH US

- 1) Our official website: www.vancouversquashleague.com
- 2) Email: info@vancouversquashleague.com
- 3) Facebook: <https://www.facebook.com/VancouverSquashLeague>

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2 A how to guide to Quick-Draws

How do I find the VSL on Quick-Draws?

1. Head to www.quick-draws.com
2. Click on “SQUASH BC” on the top left of the main navigation. This will take you to the Squash BC section of Quick-Draws.
3. Click on “Leagues” in the menu on the left.
4. Now select the Quick-Draws league “The BC Honda Vancouver Squash League”.

5. You'll see a familiar banner and you're going to want to bookmark this page so you don't have to go through all those steps:

<http://www.quick-draws.com/TeamLeagues/HomePage.php?lid=100>

How do I Login?

1. You will receive your password approximately two weeks before the season starts. Ask your club professional if you haven't.
2. Click on "Login: Captain"
3. Select your team's division
4. Select your team, enter your password and click "submit". (The default password this year is "vsl2013".)

Now what? You can do it all here!

1. Edit your contact info first. Try to fill in every blank please. More contact info is better!
2. Give your team a name that also includes your division # somewhere: ie) "A2 Squashers" is a Div 2 team.
3. Add your team players. Type in their full name and select them from the drop-down menu. If you find you can't add a specific player check with them to make sure they're signed up with Squash BC. If they don't know check with your club professional. Remember that most clubs that register players do so shortly before the deadline of October 31.
4. You can designate their position on the roster but remember that Quick-Draws will rank your players according to their BCH VSL rankings. (see Rule 8.1.3)
5. Enter your match results here too. **MAKE SURE** your paper match results have everyone's name spelled out neatly so that when you're entering results you don't have to guess.

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3 Getting ready for league play

FRIDAY BEFORE

Confirm your start time with the opposing captain.

Make sure that your players will be available at the club, and **ready to play and referee**, **ON TIME** and resolve any anticipated problems. Delayed starts can cause a domino effect for teams scheduled after you and no one wants to start eating dinner at 11pm.

Do you have a DEFAULT?

Make sure you let the opposing captain know **as soon as possible** if you're not going to have a complete team. It's the nice thing to do.

If there are changes from the posted start times on Quick-Draws make sure to inform your players and the opposing captain at the very earliest date.

GAME DAY

Download your Score Sheet for the evening. This is the sheet you will use to record the five matches played and their results:

http://www.vancouversquashleague.com/VSL_Score_Sheet.pdf

Download your Match Score Sheet. This is the sheet you will use to score the individual matches: http://www.vancouversquashleague.com/Match_Score_Sheet.pdf

Arrange to meet with the opposing captain at the venue 5-10 minutes before the start time and arrange the order of the individual matches. Just write down your 1 through 5 and have them do the same. No one has to write down their team first. Don't mix and match players or move them around. (That's bad form and Quick-Draws now has your team listed by ranking points so you really can't do that anymore.)

The captains should fill out the match score sheet neatly (first AND last name – no nicknames) so that when you're entering results you don't have to guess at someone's name. Offer the "Away" captain a copy of the scoresheet for their records.

Assign at least one official referee for each match and direct players to courts. Limit warm up to five (5) minutes. Prompt commencement of play is important and captains should consider utilizing the 10-minute default rule for excessive lateness (see Rule 7.2.2). Captains should also ensure that significant late arrival of teams, whether visiting or hosting, are brought to the attention of the League Coordinator.

If you are host captain, make arrangements for refreshments to be available throughout the night. These should be of satisfactory quality and quantity. Remember our philosophy!

Captains should resolve any alleged infractions of rules wherever possible as soon as possible. It's not a bad idea to carry a copy of the rules in your squash bag to refer to. You can get a free copy of the rules by attending the FREE REF CLINICS held in October.

Encourage all players to stay and enjoy the entire evening of squash and socializing.

HOST CAPTAIN'S RESPONSIBILITIES

The host captain is responsible for:

1. Checking with the other captain to see if anyone has food issues.
2. Making sure every match has a referee who knows the rules.
3. Filling out the Match Score Sheet and giving the opposing captain a copy. If you are unfamiliar with the process ask your Club Representative to assist you.
4. Entering the results on Quick-Draws that evening or first thing the next morning. This is actually a rule. Everyone loves checking the standings. Don't be the last team to enter your scores.

5. CONFIRM the scoring system: “7.5.2 In the Open Divisions captains have the option of agreeing to play PAR 15 (where if the score reaches 14-all, the game continues until one player leads by two.) If they cannot agree, play must be PAR to 11 points (where if the score reaches 10-all, the game continues until one player leads by two.)

7.5.3 The official scoring system of the Women’s Divisions is PAR (point-a-rally) to 15. The player who scores 15 points first wins the game except that if the score reaches 14-all, the game continues until one player leads by two.

POST GAME

Make sure that the socializing is going well:)

Check about next week with your players before they depart to prevent annoying surprises.

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4 Some general tips

GENERAL TIPS

- Know the rules. You’re the captain so make sure you’ve at least read through them once: <http://www.vancouversquashleague.com/rules/>
- If you are to be absent for any given week, make sure that you appoint a stand-in captain who has very specific and clear instructions on the responsibilities and duties of being captain. This is very important as your team could be penalized for late result entries.
- Captains should be aware that there are issues, primarily around the socializing side of league, that may need to be addressed when juniors are playing in an adult oriented league. It is the responsibility of the Captain/Club Rep to be aware of these issues and to make all expectations known to the junior(s) playing on the team. The BCH VSL encourages juniors to participate in the league and asks all captains to make every effort to include the juniors even if it means having dinner in a restaurant instead of your team bar.
- Verify match results and report any discrepancies immediately. If you’re not the home captain you need to check how the other captain entered the scores. Keep copies of the match score sheets. It’s good reference material and could come in handy.
- SCORING DEFAULTS!
You’re guaranteed to have at least one match this season be a default. If it’s your team PLEASE let the other captain know as soon as you can that you’re not bringing a full team.

If you’re the host captain and you’re entering the results of a default NEVER enter a 0 – 0 result. There’s no such thing. (Unless both teams can only bring 4 players.) The team

that didn't bring a player gets the zero and their player name is entered as "DEFAULT". The winning team enters the player's name that usually plays that position so it's not "Default" 3 over "Default" 0.

- Keep your players informed of league standings. You are central to your team's enthusiasm, enjoyment of the league experience and success on court.
- Be sure your contact information is included and UP TO DATE on Quick-Draws.
- Ensure that ALL of your team members are members of Squash BC. All players competing in the league must be current individual members of Squash BC to avoid penalties. (See Rule 4.2.2 re spares.) If your team relies on spares make sure that they become members before they play a second time for your team. (It's in their interest as a Squash BC membership offers insurance benefits.)
- Remember the philosophy of the league ("Highly competitive play is encouraged but never at the expense of mutual respect among competitors") and ensure all players can have a competitive evening of squash followed by an enjoyable session of socializing.
- The cost of hosting is split between the two participating teams during playoffs. In divisions that play three cycles the cost of hosting the third meeting between teams should be split.

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5 Rules clinics and online referee certification

REF CLINICS

Last year The BCH VSL hosted three free ref clinics in October: BENALL hosted for Vancouver, RIVER CLUB for Richmond and EVERGREEN for North Van. We want to try to get EVERYONE in VSL to a clinic that hasn't done a clinic before. It's free. We will be sending out information via our Facebook page and email on the dates and times for this year's clinics.

ONLINE REFEREE CERTIFICATION

This year there is something brand new happening. Squash Canada and its Provincial/Territorial Squash Associations unveiled a new online certification course to certify coaches at the club level. The first level of Squash Canada's revamped officiating certification program has been rebranded "**Club Referee**" and replaces the previously used "D" level designation. The training for **Club Referee** is available via Squash Canada's learning channel <http://coursepark.com/squashcanada>. The course may be purchased from either Squash Canada or Provincial/Territorial Squash Association websites. The course is currently available in English and French and may be purchased for CDN\$30.00 + tax.

The ***Club Referee*** certification is the first level under the new certification process and replaces the “D” level certification. Subsequent levels have been renamed ***Local Referee***, formerly known as “C” level, ***Provincial Referee***, formerly “B” level and ***National Referee*** formerly “A” level.

Some of the key features of the new e-learning *Club Referee* certification course include:

- High definition videos using slow motion technology
- Ability to move through various learning chapters
- Pop up quiz feature at the end of each learning chapter
- Downloadable course materials & links to additional officiating resources
- Final ***Club Referee*** exam contained within the course
- Certificate upon successful completion
- The removal of the initial assessment as a requirement to achieve the ***Club Referee*** certification

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If you have any questions that aren't answered here please first refer to our FAQ page then with your club professional: <http://www.vancouver squash league.com/faqs/>

The VSL League Coordinator is Robert Pacey and he can be reached via email: info@vancouver squash league.com

BC HONDA VANCOUVER SQUASH LEAGUE

Match Score Sheet

www.vancouversquashleague.com

START/DEBUT		DATE/FECHE
1		
2		REFEREE/ARBITRE
3		
4		MARKER/MARQUER
5		

DIVISION		ROUND/RONDE		COURT/TERRAIN		TIME/HEURE			
PLAYER A		PLAYER B							
Player A	Player B	Player A	Player B	Player A	Player B	Player A	Player B	Player A	Player B
1		2		3		4		5	
SET 1 2 3		SET 1 2 3		SET 1 2 3		SET 1 2 3		SET 1 2 3	

WINNER/GAGNANT				

CONDUCT PENALTIES/PENALTIES DE CONDUITE					
PLAYER/JOUEUR	LEVEL OF PENALTY NIVEAU DE PENALITE	REASON/RAISON	GAME/PARTIE	SCORE/COMPTE	MATCH TIME/DUREE DU MATCH (MINUTES)

REFEREE'S SIGNATURE/SIGNATURE DE L'ARBITRE

BC HONDA VANCOUVER SQUASH LEAGUE

Score Sheet

www.vancouversquashleague.com // info@vancouversquashleague.com

Please make a copy of the completed sheet for your opponent and keep one for your records.

Division: _____ Date: _____

Host Team: _____

Visiting Team: _____

GAME SCORES

GAMES WON

		1	2	3	4	5		
							HOST	VISITOR
1	HOST							
	VISITOR							
2	HOST							
	VISITOR							
3	HOST							
	VISITOR							
4	HOST							
	VISITOR							
5	HOST							
	VISITOR							

HOST TEAM _____

VISITING TEAM _____

CAPTAIN'S SIGNATURES

TOTAL GAMES

BONUS

FINAL SCORE

HOST VISITOR

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SCORING

1 point per individual game won.

5 point bonus for team winning most matches.